



SA GEMEENTE  
SA CONGREGATION

# Lewe IN Geloof

**'We are ONE BODY in union with CHRIST.'** Romans 12:5

## Tema vir die Maand

### In Skakel

Die woord “*skakel*” (“link” in Engels) vind sy oorsprong in die ou Germaanse taal. Die betekenis daarvan verwys na ‘n *ring* – ‘n onbreekbare verbintenis – of enigiets *wat dien om een deel of ding met 'n ander te verbind*. Met tyd, gebeure en ontwikkeling, het die woord ook ontwikkel om ons wêreld te verwoord. Vandag is die konsep van ‘n enkele skakel byna vreemd, tog verstaan ons die waarde van ‘n enkele skakel wat ingeskakel is in ‘n langer ketting. So is ons goed bekend met die gesegde: “*n Ketting is net so sterk soos sy swakste skakel*”.

Die belangrikheid van elke enkele *skakel* om “iets” in te bind, is sigbaar in soveel fasette van ons lewens. ‘n Sterk skakel verbind een saak met ‘n ander sonder ‘n vrees van skeiding. ‘n Sterk ketting word gebruik om iets vas te maak met sekerheid. ‘n Gesonde skakel verskaf ‘n spasie waarin iets of iemand tuiskom.

Tog is elke skakel deel van ‘n groter prentjie. In die moderne rekenaar gedrewe era is digitale verbindings tussen webblaaie, om skakels op of na 'n webbladsy of elektroniese dokument te hê ‘n groot dryfkrag ter wille van verbintenis. So is ons almal bekend met die idee van “Ses grade van skeiding” – *die idee dat alle mense ses of minder sosiale verbindings van mekaar af is. Gevolglik kan 'n ketting "vriend van 'n vriend"-stellings gemaak word om enige twee mense in 'n maksimum van ses stappe te verbind*.

Die skepping, volgens Genesis, gebeur ook in ses dae wat bymekaar inskakel deurdat God sistematies en ge-orden die aarde geskep het. Alles in die skepping is in ‘n balans met mekaar ingeskakel. Elke skakel met ‘n besondere doel en waarde, in-geskakel met die volgende skakel om ‘n lewens-ketting te vorm waarin skakels mekaar versterk en waarde bied.

Andrè Harmzen



SA GEMEENTE  
SA CONGREGATION

# Maandelikse Bybel Bespreking

## IN Skakel tot my Geloof

Paulus beskryf die Kerk as een liggaam met baie dele – 'n liggaam-ketting bestaande uit verskillende skakels wat mekaar verbind en versterk. 1 Korintiërs 12:12-27 beskryf die Kerk as die liggaam van Christus waarin elke deel met die ander skakel volgens God se bedoeling en tot Sy eer.

Op 'n soortgelyke manier is ons as mense ingeskakel by ons familie, gemeenskap en gemeente. Elkeen van hierdie verbindings se oorsprong, motivering en skakels is anders. Tog is elkeen van hierdie skakels van onskatbare waarde – gister, vandag en/of môre – vir almal wat deel is daarvan.

Oor die volgende maand gaan ons hierdie skakels ondersoek. Kom ontdek, hervestig en versterk jou skakel in die Kerk en liggaam van Jesus.

Geniet die in-skakel by die Kerk en by jou Gemeente.

Seënwense,  
Andrè



SA GEMEENTE  
SA CONGREGATION

## IN HIERDIE UITGAWE

PIK EN PROE

RESEP VAN DIE MAAND

A WISH

THE LETTER

A SIMPLE GESTURE

SEPTEMBER INSPIRASIE

KONTAK ONS

## ‘Pik en proe-ete’

### 3 September.

Kom kuier saam direk na die erediens.

#### Wat is pik en proe?

Elke familie het 'n dis of gereg waarvoor hul bekend is en mee kan spog!

Of dit nou 'n vleisgereg, slaai, tuisgebak, groente-gereg,  
voorgereg, hoofgereg of nagereg is-

bring asb 'n porsie (middelmatige oondpan) van jul gunsteling gereg  
saam kerk toe- **met 'n opskep lepel.**

Almal kry dan die geleentheid om 'n skeppie van elke gereg te neem,  
en heerlik saam te proe.

#### Onthou jou eie eetgerei.

Bring gerus eie koeldrank/ drinkgoed saam.





SA GEMEENTE  
SA CONGREGATION

## Resep van die Maand

### Warm aartappel-en-avokado-slaai

*700g klein aartappeltjies  
150 ml olyfolie  
30 ml korrelmosterd  
70 ml suurlemoensap  
2 ryp avokadopere  
sout en vars gemaalde swartpeper*



*Kook die aartappels met skil en al tot sag, maar nie pap nie.  
Meng die olyfolie, mosterd en suurlemoensap saam.  
Geur met sout en vars gemaalde swartpeper.  
Sodra die aartappels gaar is, sny hulle in die helfte (terwyl dit nog warm is)  
en gooi die sous onmiddellik oor.  
Sny die avokadopere in skywe en sit bo-op die aartappels.  
Dien op terwyl dit nog warm is.*

*Baie dankie Liza-Marie Van Den Berg vir die deel van jou staatmaker resep!*



# A Wish

After dinner, a teacher started checking on the homework done by her students. Her husband is strolling around with his smartphone playing his favorite game. Upon checking the last homework, tears welled up in the wife's eyes.

Her husband noticed her weeping and asked, "Why are you crying my dear? What happened?" "Yesterday I gave homework to my 1st Grade students, to write something on the topic- My Wish." the wife said.

"Ok, But why are you crying?" the husband asked without taking off his eyes from his phone. "Reading the last note made me cry,"

The husband became curious and asked, "What's written in the note that makes you cry?"

"Listen..." The wife tearfully began to read the letter.

"My wish is to become a smartphone. My parents love their smartphones very much. They care about the smart phone so much that they sometimes forget to care about me. When my father comes home from work tired, he has time for his smart phone but not for me. When my parents are doing some important work and the smartphone rings, they will attend to the phone with a single ring, but not me.. even when I am crying. They play games on their smartphones, not with me. When they are talking to someone on their phone, they listen to their stories. They never listen to me, even if I am telling them something important. So, my wish is to become a smartphone."

After listening to the note, the husband got emotional and asked his wife, "Who wrote this?"

She looked up at him and said... "Our son."

*Gadgets are beneficial, but they are for our ease not to  
cease the love amongst family and loved ones.*

*Children sees and feel everything what happens with & around them.  
Things get imprinted on their mind with an everlasting effect.  
Let's take due care, so that they do not grow with any false impressions.*



SA GEMEENTE  
SA CONGREGATION

## The letter.

A Christian wrote a letter to the editor of the newspaper and complained that it made no sense to go to church every Sunday. "I've gone for 30 years now" he wrote, "and in that time I have heard something like 3000 sermons.

But for the life of me I can't remember a single one of them. So, I think I'm wasting my time..... and the pastors are wasting theirs by giving sermons at all"

This started a real controversy in the "Letters to the Editor" column, much to the delight of the editor.

It went on for weeks until someone wrote this clincher:

"I've been married for 30 years now. In that time my wife has cooked some 32 000 meals. But for the life of me, I cannot recall what the menu was for a single one of those meals. I do know this: they all nourished me and gave me strength. If my wife had not given me those meals, I would be dead today."

That pretty much ended the discussion!



SA GEMEENTE  
SA CONGREGATION

## A Simple Gesture

Mark was walking home from school one day when he noticed the boy ahead of him had tripped and dropped all of the books he was carrying, along with two sweaters, a baseball bat, a glove and a small tape recorder.

Mark knelt down and helped the boy pick up the scattered articles. Since they were going the same way, he helped to carry part of the burden. As they walked Mark discovered the boy's name was Bill, that he loved video games, baseball and history, and that he was having lots of trouble with his other subjects and that he had just broken up with his girlfriend.

They arrived at Bill's home first and Mark was invited in for a Coke and to watch some television. The afternoon passed pleasantly with a few laughs and some shared small talk, then Mark went home. They continued to see each other around school, had lunch together once or twice, then both graduated from junior high school.

They ended up in the same high school where they had brief contacts over the years. Finally the long awaited senior year came and three weeks before graduation, Bill asked Mark if they could talk.

Bill reminded him of the day years ago when they had first met. "Did you ever wonder why I was carrying so many things home that day?" asked Bill.

"You see, I cleaned out my locker because I didn't want to leave a mess for anyone else. I had stored away some of my mothers sleeping pills and I was going home to commit suicide. But after we spent some time together talking and laughing, I realized that if I had killed myself, I would have missed that time and so many others that might follow. So you see, Mark, when you picked up those books that day, you did a lot more, you saved my life."

– John W. Schlatter (true story)



SA GEMEENTE  
SA CONGREGATION

## KALENDER

3 SEPTEMBER EREDIENS 10 UUR

10 SEPTEMBER HUISKERK 9 UUR

17 SEPTEMBER EREDIENS 10 UUR

24 SEPTEMBER HUISKERK 9 UUR

## Doelwitte vir September

Work for a cause,  
not for applause.  
Live life to express,  
not to impress.  
Don't strive to make  
your presence noticed.  
Just make your  
absence felt.

## Gebedslys vir September

Bid vir:

- Onderwysers, studente en dosente

## Gebed vir die maand

Dear God,  
Please make my days useful,  
my nights restful,  
my home peaceful,  
and my efforts fruitful.  
Amen







SA GEMEENTE  
SA CONGREGATION

## Kontak Andre Harmzen



Andrè Harmzen  
16 Baldocks Road  
Theydon Bois  
CM16 7EB  
Epos: [andre@sagemeente.com](mailto:andre@sagemeente.com)

**Kontak ons:**

**Webblad:** [noordwyk.sagemeente.com](http://noordwyk.sagemeente.com)

**Facebook Blad:** SA Gemeente Middellande

### Erediens Tye

Ons Eredienste is elke 1ste en 3de  
Sondag van die maand om 10:00

### Adres:

Alderbrookskool.  
Blossomfield Road, Solihull, B91 1SN

### Dankoffers.

Vir £10 Text RSAG003 na 70191

### Vir direkte inbetaling:

SA Congregation  
HSBC  
40-22-05  
91374265



Scan. Pay. Go.

### Jy kan ook deur Paypal betaal by:

[Paypal.me/SAGemeente](https://Paypal.me/SAGemeente)

Sit net 'n beskrywing in die nota sodat ons  
weet waarvoor dit is.

Sê ook vir watter wyk- Birmingham  
**Stuur asb ook 'n epos na Marlene by  
[bank@sagemeente.com](mailto:bank@sagemeente.com)  
met jou naam en wyk. (Birmingham)**

## Kontak Helena



Helena Claassen

Epos: [helena@sagemeente.com](mailto:helena@sagemeente.com)