



SA GEMEENTE
SA CONGREGATION

Lewe IN Geloof

'The Bible is the only book whose Author is always present when one reads it.'

Tema vir die Maand In die Woord

Ons verantwoordelikheid

CJ Langenhoven het die waarde van taal geken. Een van die taal juwele wat hy aan ons gelaat het is –
“Om jou een, eie taal tot nut te gebruik is 'n groter kuns as om sewe vreemde tale by te leer”.
Woorde het ontsaglike krag en invloed. Hulle het die vermoë om lewens te inspireer, te vertroos, aan te
moedig en selfs te verander.

Onder al die woorde wat ooit gepraat of geskryf is, staan God se Woord as die belangrikste. Dit dra
Goddelike gesag en ewige waarheid, wat die mensdom – jou en my – se Geestelike reis lei. God se Woord
bied vertroosting in tye van wanhoop, wysheid in oomblikke van verwarring en hoop wanneer alles
verlore lyk. Dit onthul die verborgenhede van die lewe, openbaar die pad na verlossing en gee tydlose
beginsels vir 'n regverdigde lewe oor.

Terwyl ons die kompleksiteit van die lewe navigeer, moet ons die studie en toepassing van God se
Woord prioriteer. Deur sy leringe te omhels, verkry ons wysheid, vind ons, ons doel en ervaar elke
gelowige transformerende ontmoetings met God.

Kom ons koester en eer die voorreg om toegang tot God se Woord te hê, want op Sy bladsye lê die sleutel
tot 'n lewe van betekenis, vrede en ewige betekenis.

Andrè Harmzen



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Maandelikse Bybel Bespreking

IN die Woord

Die Bybel – die Skrif – is die Woord van God deur mense neergepen, tog Goddelik geïnspireer. Die Woord bevat die wysheid en leiding van die Skepper self. Deur God se Woord kry ons insig in Sy karakter, Sy planne en Sy begeertes vir die mensdom.

God se Woord dra die gewig van waarheid en bied ewige betekenis vir ons hele lewe. Dit dien as 'n lamp om ons pad te lei en 'n swaard om in geestelike gevegte te verdedig. Dit bring hoop vir die vermoeide, genesing vir die gebrokenes en redding vir die verlore nes. Die woorde van die Skrif het die krag om harte te oortuig, gedagtes uit te daag en ons in 'n verhouding met die Almagtige te lei.

Ek wil jou opnuut nooi – laat ons God se Woord koester en ywerig bestudeer, want op sy bladsye ontdek ons die uiteindelijke bron van leiding, liefde en verandering.

Kom luister en leef saam in die Woord, deur die hele Julie – in die nuusbri ef, dagstukke, eredienste...en in jou eie lewe se woorde.

Seën wense,
Andrè



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IN HIERDIE UITGAWE
SONDAGSKOOLAFSLUITING
'FUN DAY'
JO BLACK - MANNE 'LUNCH'
JO BLACK - KONSERT
RESEP VAN DIE MAAND
KAFKA AND THE DOLL
BE HAPPY
JULIE INSPIRASIE
KONTAK ONS

**GOD USES
ORDINARY PEOPLE
IN
SUPER
WAYS**

**23RD JULY
9AM**

**"Have faith
that you can
do it."**

COME JOIN IN

BRING A PICNIC &
BOEREWORS BRAAI AFTERWARDS

**Sondagskoolafsluiting
23 Julie – 9:00**

Theydon Bois Village Hall – CM16 7ER

Bring 'n Piekniek en kom kuier
lekker saam na die Erediens.
Daar gaan boereworsrolle ook
wees.

"Have faith that you can do it.
Always remember your divine nature.
Everyone has individual worth, even
supervillains.
Gain the knowledge you need to
conquer evil.
Make good choices, even when its hard.
Look for opportunities to do good
works at all times.
Always act with integrity.
Keep your virtue and save the day."



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LOUGHTON FUNDAY

Afrikaners is plesierig...
dan hou hulle 'Funday'



mmm...vetkoek met
maalvleis



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LOUGHTON FUNDAY



Pannekoek

Vetkoek

Tuis gebak

Boerewors



Vele hande maak ligte werk





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LOUGHTON FUNDAY

Vrolike vlytige baksters



Pragtige handwerk artikels





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LOUGHTON FUNDAY

Pret en plesier vir
jonk en oud



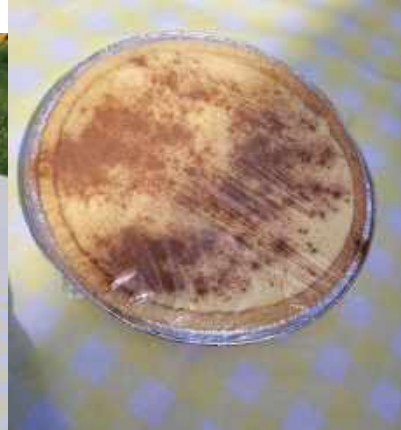
Saam kuier,
eet en
speel
heeldag
lank.





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LOUGHTON FUNDAY



...vars gebak by die teetuin...





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Jo Black-Manne 'Lunch'

Live....

8 Julie 2023

12:00-14:00

Manne kom luister na Jo se boodskap.

Die tema is '*Be that guy...*'.

Na die boodskap is daar heerlike boereworsrolle en baie geleentheid vir kuier en gesels.

Koste vir die kuier is £10 per persoon.

[Bespreek jou plek vir die 'Lunch' hier.](#)

Roding Valley High School,

Loughton, IG10 3JA



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Jo Black

Live.....

Vir die hele gesin.

8 Julie 2023

18:00-21:30 (deure open 17:30)

Roding Valley High School,

Loughton

IG10 3JA

Kostes £36 per persoon

Moenie hierdie spesiale aand mis nie.

Koop jou kaartjie hier



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Resep van die Maand

Kaaspoffertjies

Die poffertjies is baie lekker vir ontbyt of saam met tee.

Dit kan net so geëet word. Maar kan ook in die helfte gesny word en met botter, marmite, fyn gerasperde kaas of fyn appelkooskonfyt geëet word.

Bestanddele:

*1 eier
melk
250 ml koekmeelblom
15 ml bakpoeier
knippie sout
250 ml gerasperde Cheddarkaas
Ekstra gerasperde kaas of rooipeper vir
garnering.*



Voorverhit die oond tot 180 grade.

Spuut of smeer 'n muffinpannetjie.

Plaas die eier in 'n 250 ml-maatkoppie en klits met 'n vurk, vul die koppie met melk.

Sif die koekmeelblom, bakpoeier en sout saam en roer die kaas by.

Roer die eier- en- melkmengsel by. Meng dit liggies maar deeglik.

Skep 'n groot lepel vol beslag in elke holte van die voorbereide pannetjie, en strooi bietjie gerasperde kaas of rooipeper oor elkeen.

Bak dit 7 tot 10 minute lank.

Bedien dit warm of koud.

Baie dankie Louise Schultz vir die deel van jou staatmaker resep!



Kafka and the doll

At 40, Franz Kafka (1883-1924), who never married and had no children, walked through the park in Berlin when he met a girl who was crying because she had lost her favourite doll. She and Kafka searched for the doll unsuccessfully.

Kafka told her to meet him there the next day and they would come back to look for her.

The next day, when they had not yet found the doll, Kafka gave the girl a letter "written" by the doll saying "please don't cry. I took a trip to see the world. I will write to you about my adventures."

Thus began a story which continued until the end of Kafka's life. During their meetings, Kafka read the letters of the doll carefully written with adventures and conversations that the girl found adorable.

Finally, Kafka brought back the doll (he bought one) that had returned to Berlin.

"It doesn't look like my doll at all," said the girl.

Kafka handed her another letter in which the doll wrote: "my travels have changed me." the little girl hugged the new doll and brought her happy home.

A year later Kafka died.

Many years later, the now-adult girl found a letter inside the doll. In the tiny letter signed by Kafka it was written:

"Everything you love will probably be lost, but in the end, love will return in another way.

The girl, reflecting on this later as an adult understood the summary that everything you love will eventually be lost, but love will return in a different form.

Franz Kafka's kind actions had touched her young heart and had stayed with her through life.

*This story reminds us of the well known quote:
"Our fingerprints don't fade from the lives we touch".*





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Be Happy

We convince ourselves that life will be better after we get married, have a baby, then another. Then we are frustrated that the kids aren't old enough, and we'll be more content when they are.

After that, we're frustrated that we have teenagers to deal with. We will certainly be happy when they are out of that stage. We tell ourselves that our life will be complete when our partner gets his or her act together or when we get a nicer car, are able to go on a nice holiday or when we retire.

The truth is, there's no better time to be happy than right now. If not now, when?
Your life will always be filled with challenges.

A quote comes from Alfred D. Souza. He said,

"For a long time it had seemed to me that life was about to begin - real life. But there was always some obstacle in the way, something to be gotten through first, some unfinished business, time still to be served, or a debt to be paid. Then life would begin. At last it dawned on me that these obstacles were my life."

This perspective has helped me to see that there is no way to happiness. Happiness is the way.

So, treasure every moment that you have and treasure it more because you shared it with someone special, special enough to spend your time...and remember that time waits for no one.

So, stop waiting until you lose ten pounds, until you gain ten pounds, until you have kids, until your kids leave the house, until you start work, until you retire, until you get married, until you get divorced, until Friday night, until Sunday morning, until you get a new car or home, until your car or home is paid off, until spring, until summer, until winter, until your song comes on, until you've had a drink.... there is no better time than right now to be happy.

Happiness is a journey, not a destination.

Work like you don't need money,

Love like you've never been hurt,

And dance like no one's watching.

Whatever you
Decide to do
Make sure it
Makes you happy



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KALENDER

2 JULIE HUISKERK 9 UUR

9 JULIE EREDIENS 9 UUR

16 JULIE HUISKERK 9 UUR

23 JULIE EREDIENS 9 UUR

30 JULIE HUISKERK 9 UUR

July Reminder

1. God is good, all the time.
2. His love for you never fails.
3. He hasn't forgotten about you.
4. He thought this world needed you.
5. He has great things planned for you.

Gebedslys vir Julie

Bid vir:

- Werkers
- Sakelui
- Jo Black en sy toer geselskap.

Seënwens vir Julie

Drop in for Tea

Accountabili-TEA- Romans 14:12

Adversi-TEA 2 Corinthians 12:9,10

Laughabili-TEA Proverbs 17:22

Royal-TEA Galatians 4:7

Personali-TEA John 13:35

Hones-TEA Ephesians 4:25

Generosi-TEA Luke 6:38

Availabili-TEA Isaiah 6:8

Uni-TEA Acts 20:19

Hospitali-TEA 1 Peter 4:9

It will all add up to your Spirituali-TEA



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Kontak Andre Harmzen



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Kontak ons:

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Facebook Blad: SA Gemeente Loughton

Erediens Tye

Ons Eredienste is elke 2de en 4de Sondag van die maand om 09:00

Adres:

Theydon Bois Village Hall, Coppice Row
Theydon Bois, CM16 7ER

Dankoffers.

Vir £10 Text RSAG002 na 70191

Vir direkte inbetaling:

SA Congregation

HSBC

40-22-05

91374265

Jy kan ook deur Paypal betaal by:

Paypal.me/SAGemeente

Sit net 'n beskrywing in die nota sodat ons weet waarvoor dit is.

Sê ook vir watter wyk- Loughton

Stuur asb ook 'n epos na Marlene by

bank@sagemeente.com

met jou naam en wyk. (Loughton)



Kontak Ena



Ena Wassermann

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